Activity Exercise

CONSENT AND RELEASE OF LIABILITY
WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNIFICATION AGREEMENT

1. By my signature, I, _____ **(print full name)**, the parent or legal guardian of _____ **(print full name),** a member of the Royal Canadian Army Cadets, realizing the potential hazards associated with travelling away from the cadet 676 locality of Georgetown and taking part in cadet activities and training, on behalf of myself and him/her **(cross out non applicable)**, and my and his/her **(cross out non applicable)** heirs, devisees, successors, assigns, executors and administrators, in consideration of him/her **(cross out non applicable)** being permitted to participate in a trip to:

Destination: Adrenaline Adventure Park					
Activities of Significance: paintball					
Departure Date:	19 October 2025			Pickup Date:	**19 Oct 2025**
Arrive Armoury:	**0730h**	Depart Armoury	**0800h**	Pickup Time:	**1700h**
Method of Transport:	bus			**Cost per Cadet:**	None
Additional Information: **Parental drop off and pickup at the armoury. Cadets will be bussed to Adrenaline.** **Bring your health card, a filled water bottle, and lunch. Snacks will be provided**					

or any other activities related to this trip, hereby:

a. acknowledge having read the terms and conditions of this optional activity not funded by the Department of National Defence and indicate my understanding and acceptance;

b. I acknowledge that my son/daughter/ward **will have** "FREE TIME" on this activity without direct supervision;

c. give the (*Commanding Officer/Officer-in-Charge/Medical Officer/Nurse/First Aider*)permission to authorize emergency medical treatment if required for my son/daughter/ward;

d. understand, I **MUST** be available by phone for the entire duration of the activity and that I will pick up my son/daughter **ON TIME** as indicated above and on the website.

Accept:	**Phone#1**	**Phone#2**

(Initial Applicable

e. having determined that the activities involve potential hazards and may result in physical harm and wishing in any event him/her **(cross out non applicable)** to carry out the activity voluntarily assume any risks that may be associated with the activity;

f. waive all claims of any nature or kind whether in contract, tort, negligence or otherwise, against Her Majesty the Queen in right of Canada, Her officers, servants, agents, employees and members of Her Canadian Forces the

Cadet League its officers, servants, agents, employees and members and the 676 Support Committee, its officers, servants, agents and members all in their employment and private capacities, in any manner arising out of, based upon, occasioned by or attributable to the activities of them, including negligence on their part, or any action taken or things done or maintained by virtue thereof;

Signature of Parent/Guardian	**Date**

MEDICAL

2. Parents/Guardians are requested to initial if they agree or disagree to have the medications listed below administered if necessary by the (*Commanding Officer/Officer-in-charge/Medical Officer/Nurse/First Aider*) to their son/daughter/ward during the course of the trip.

TYLENOL 325 mg tablets for pain or fever will be administered according to package directives.

Agree:	**Disagree:**	**(Initial applicable)**

IBUPROFEN tablets for pain relief, muscle pain or fever will be administered according to package directives.

Agree:	**Disagree:**	**(Initial applicable)**

GRAVOL 50 mg tablets for travel nausea will be administered according to package directives.

Agree:	**Disagree:**	**(Initial applicable)**

DIPHENHYDRAMINE (BENADRYL) for symptoms of allergic rhinitis, motion sickness and insect bites and stings will be administered according to package directives

Agree:	**Disagree:**	**(Initial applicable)**

ROBITUSSIN DM syrup for cough suppression will be administered according to package directives.

Agree:	**Disagree:**	**(Initial applicable)**

3. Cadets travelling with prescription drugs are requested to list them below.

Prescribed Medication	**Reason**

4. Cadets are requested to provide a list of their known allergies